



THE ROLE OF PARENTAL COMMUNICATION IN MONITORING SMARTPHONE USERS AT AGE TEENAGERS IN PENGGALAN VILLAGE, TEBING SYAHBANDAR DISTRICT

Handayani Kamalia¹, Muhammad Idris², Maryadi³

Sekolah Tinggi Agama Islam Tebingtinggi Deli^{1,2,3}

handayanikamalia@gmail.com¹, muhammadidris@staittd.ac.id², maryadi@staittd.ac.id³

Abstract

The role of communication between parents and adolescents can be seen as the efforts made by parents in monitoring and directing the development of adolescents. By creating communication that can affect the relationship between the two, both physically and psychologically. One technology, namely a smartphone, is a sophisticated tool that can penetrate information anywhere and anytime, to find out information from any angle without considering the influence that will be received by its users. Therefore, this research aims to find out how effective and efficient the role of parental communication is in monitoring smartphone users in their teens. In this study, the type of research that the authors use is qualitative research. While the approach used is descriptive analysis, which is a research method that looks at objects or conditions, systematically, factually and accurately describes the facts that have been investigated and the results can be used for the future.

The dominant factor that causes the role of communication between parents and adolescents is not good, resulting in many teenagers losing direction and their growth and development being hampered due to the influence of communication technology in the form of smartphones that are continuously used without any restrictions and good directions

Keywords: *The Role of Communication, Parents, Smartphones, Adolescents*

INTRODUCTION

The role of communication is a process that forms an internal relationship creating a single communication goal so that it runs more effectively and efficiently between communicators with the communications involved. The role of communication enables an action communication carried out for communication targets that are designed so that produce the desired changes. The importance of this communication role can make other people are aware of someone's negligence and can help resolve the problem through communication (Michael Jibrael Rorong: 2016)

The way parents communicate can influence positive or negative perceptions from the child, therefore the communication role used by parents must be appropriate situations and conditions in children. Considering that nowadays children are more sensitive to technology communication which is usually called a smartphone (smart phone or mobile phone). As Parents, giving special attention to teenage children is the main thing to do done. Remembering that teenagers are the nation's next generation or can be said to be agents of change which will provide good changes for religion, nation and state (Adji Annisa: 2015). A teenager is someone who is facing a transition period childhood to adulthood, which includes all the development



experienced as preparation for entering adulthood. These developmental changes include aspects physical, psychological and psychosocial.

Adolescence is a period of very rapid change in physical changes as well as changes in attitudes and behavior. At this teenage age, they tend to have a great curiosity attitude, but besides that they are teenagers usually indicated that he does not yet have commitment (Angelina Hosada Zefay & Indra Prapto: 2019).

So in this case, the dominant factor causing the importance of the role of communication between parents and teenagers is not good, resulting in many teenagers lost direction and his growth and development was hampered due to the influence of communication technology in the form of smartphones which are continuously used without any restrictions and good direction from the teenager himself.

By referring to the background above, the purpose of this writing is to knowing the role of parental communication in monitoring smartphone users at age teenagers, especially problems with teenagers in Hamlet VIII, Penggalangan Village. This matter raises various complex problems and must receive attention from all parties, so that the role of parents is in monitoring their children as they socialize in the new world (digital) is really needed.

RESEARCH METHODS

The research method used in this research is a qualitative method. Study qualitative method, namely research that is not carried out using formulas and statistical symbols. This research also aims to explain the phenomenon in as much depth as possible. in it through data collection. So in this research the problem is emphasized more into (quality) data, not amount (quantity) of data. The approach used in this research is an analytical descriptive approach. According to Issac and Michel, as introduced by Jalaluddin Rahmat, that approach Descriptive aims to systematically describe facts or characteristics of a population certain areas or specific areas factually and carefully. (Ismail Nurdin & Sri Hartati: 2019)

In other words, the descriptive approach is a research method that looks at things objects/conditions, descriptions, systematically, factually and accurately regarding the facts investigated and the results can be used to make future decisions. Approach Descriptive also aims to obtain an in-depth description of speech and behavior that can be observed from an individual, group, community or organization in a setting certain things that are studied from a comprehensive point of view.

In qualitative research, data analysis is generally divided into three levels: (1) data analysis at the initial level, (2) data analysis during field data collection and, (3) data analysis after completing data collection. The essence of data analysis in qualitative research is to reduce data, because in qualitative research the data collected must be in-depth and sufficient according to the focus and objectives of the research. The data analysis process in when data collection consists of: (1) activities starting from the data tracking process with observation techniques, interviews and documentation studies, (2) data or information obtained the unit of analysis is identified, (3) the validity of the unit of analysis is tested through triangulation. All of these activities are carried out in a structured and documented manner (Helaluddin Hengki Wijaya: 2019)



RESULTS AND DISCUSSION

The role of parents towards teenagers is very important given from an early age, because they have been taught Know that the family, especially parents, have a major role in providing influence on children, especially teenagers. Adolescence is a period of quality undergoes the most changes, so that the baggage is transferred from childhood towards adulthood, where childhood experiences growth in all areas, his ability to work decreases and he often ignores his authority.

In this case, the role of parents in the development process is especially the role of people parents to teenagers is very important because teenagers are easily influenced by social interactions not good. Relating to the problem of parental communication towards smartphone users in adolescence. Therefore, every parent has their own way of educating and directing his child on the path he considers right. All that effort of course requires a way of communicating that can make children obey and follow what is said parents want. Communication has very high power in building a relationship within the family, especially the relationship between parents and teenagers requires communication.

Communication needs to be carried out by parents in controlling or supervising teenagers in doing various things. Because adolescence needs attention especially from their parents, especially from the progress of the times which demands of everyone having a smartphone to help with life activities. Like smartphones used by teenagers in Hamlet VIII Penggalangan Village has now been made as a multifunctional tool in its use. From this statement, it is clear that the role Support from parents is very important in guiding children's success in the future come. Moreover, teenagers are still in a transition period and are still looking for their identity himself. In this research, the author found that there are several ways that parents do this in Hamlet VIII Penggalangan Village in monitoring smartphone use on teenagers, namely:

1. Spending Time Together

In implementing effective communication with teenagers, the roles that people play parents can spend time with them. Give them access to express directly with family members. This can make children teenagers Become a more open person and be able to socialize well with people around you. In At the age of teenagers, they are capable and have their own thoughts regarding context and topics that is being talked about. So in this case, as a parent you have to be the one to talk to able to balance children's thinking and not immediately blame them with the opinions they have. Parents are not only active listeners but try to understand and appreciate whatever the teenager says.

Provide sufficient time and focus to communicate with teenagers so that communication can be established effectively. As a parent you shouldn't always either imposes his will on teenagers to become active and open people, but Encourage them by providing a sense of security and comfort in being able to tell what what they are feeling (Melinda Restu Pertiwi et al: 2022).

2. Application of Parental Habits and Motivation

Habituation of positive behavior at home and providing motivation to do so by parents can give encouragement to teenagers to always do something in a good and responsible manner. Good behavior habits applied at home so that teenagers can get used to these activities. Good habits and encouragement have a great influence on the souls of teenagers, if they are parents always give it, then teenagers will imitate it. These habits aside forming



discipline as well as responsibility for carrying out obligations both as children or as students.

Parental example is the main factor in the success of character formation within family. This is in line with the proverb, namely "the fruit does not fall far from the tree". So, Any behavior from parents will decrease or be followed by their children. Apart from that, most of them Psychological researchers reveal that most of what children learn is not original from what parents say when teaching their children, but most children learn from the example of their parents.

Habituation is an educational method by which children get used to doing something since he was little. The essence of this habit is repetition. Behavior Humans are largely determined by their habits. If someone is used to doing good then he does it easily, and vice versa. Because it's a child From an early age, he was taught to be given good habits so that these habits became personal to him himself (Agus Wibowo: 2012)

3. Provide Advice and Direction

Parents are two individuals who become one who live in a relationship which is called family. In a family, having children is a form of trust given by God to be looked after and educated as best as possible. For that, parents of course has a role in providing the best for his children, by always guiding them and direct them to get the best life in the future. Attitude authoritarian, always feels that the right and best way of educating should be eliminated. On the other hand, as parents you must always support, give advice and direct them, because adolescence is a time when their emotions are being tested. Be a person parents who can act as friends in front of them (Abdul Cholik: 2016)

Giving good advice is the responsibility of parents, as well as directing them Always behaving positively is also a parent's duty. In Q.S Surah Lukman: 18, Allah SWT says:

وَلَا تُصَعِّرْ خَدَّكَ لِلنَّاسِ وَلَا تَمْشِ فِي الْأَرْضِ مَرَحًا إِنَّ اللَّهَ لَا يُحِبُّ كُلَّ مُخْتَالٍ فَخُورٍ ﴿١٨﴾

Do not turn your face away from humans (out of pride) and do not walk on this earth arrogantly. Indeed, Allah does not like anyone who is arrogant or very proud of themselves.

From this verse it can be seen that parents have the obligation to advise and directing children to become someone who has a good and virtuous personality sublime. Always act and behave in a noble manner and do not be arrogant in front of other people

4. Sanctions/Punishments

Smartphone communication media is a communication technology that is very popular by many groups such as adults, teenagers and also children. That media is not it is only used as a communication tool but is also used for entertainment, games and others which is in the smartphone. However, not all teenagers use it smartphones can be good and wise, there are still many to find some deviations committed by teenagers.

Punishment is an educational tool that parents use to discipline child. The purpose of punishment in Islamic education is to provide direction and improvement, not revenge. For this reason, parents must understand their children and their character beforehand punish him. Motivate children to try to correct their mistakes and errors it is forgiven after



it is repaired. Parents must also use forms of punishment to direct behavior teenagers to conform to expected behavior and stop that behavior not expected.

Punishment is a tool that is deliberately used to provide an effect deterrent so that teenagers think about their behavior. The punishment used for neutralize smartphone users among teenagers. To obtain an education being required does not mean parents have to force them to fulfill all the facilities What is there, at least parents have provided what their children need (Aprilia Dewi Anjarwati: 2019).

One of the efforts made by parents is to monitor smartphone users teenagers in Hamlet VIII Penggalangan Village is to provide sanctions or punishment if a teenager has violated the rules in the house or committed an act which should not be related to smartphone use. Parents have rights full of their children, therefore this needs to be applied in people's communication roles old.

CONCLUSIONS AND SUGGESTIONS

Based on the results of research data analysis on the Role of Parental Communication Monitoring Smartphone Users in Teenage Hamlet VIII, Penggalangan Village Tebing Syahbandar District, Serdang Bedagai Regency, it can be concluded that:

Taking time, namely giving some of your parents' time to teenagers can be done making relationships within the family more harmonious and communication between parents with teenagers are also more effective. You can also spend time with teenagers making them become more open individuals.

Implementation of habituation, namely positive behavior that is applied at home so that it is good Teenagers are able to get used to these activities. Habits matter a lot in the soul of teenagers, if parents always provide good habits, then teenagers imitate him.

Application of advice, namely the method used by parents to provide guidance and direction and warnings to teenagers about using smartphones.

Parents use sanctions/punishments to direct behavior conform to expected behavior and stop behavior that is not expected. This is a tool that is deliberately used to provide a deterrent effect for teenagers think about the behavior carried out.

There are various ways for parents to monitor teenagers' development related to smartphone use. The concerns felt by parents about teenagers above is a natural thing. That's because parents know that apart from having an impact While positive, smartphones also have a negative impact. But besides that, the parents in Hamlet VIII Penggalangan Village also realizes that in this day and age, use Teenagers can't just let go of smartphones. Considering the need for

Smartphones are also needed, such as for studying and other things. Because in the era of globalization and the development of increasingly sophisticated science and technology, the spread information and faster and easier telecommunications access demands it always following him, one of which is a smartphone. Likewise, there are teenagers in Hamlet VIII, Penggalangan Village They make many deviations, such as not using smartphones used as a learning medium, but more widely used as a means of entertainment them as well as the high intensity of smartphone use, thus making some of them They feel addicted and ultimately have a negative impact on themselves teenager.



In this regard, that is why researchers state how important it is the role of parental communication in monitoring teenage children when using smartphone, this is so that they don't fall into things they don't want. Because teenagers are valuable national assets and of course have good qualities.

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